

# **A Set of Basic Rules for the White Lake Fitness Center**

**Shoes worn outside must be removed before entering**

**No food or soda (pop) in the WLFC or locker rooms  
Water is allowed**

**No one under the age of 14 will be allowed to enter this facility unless  
part of a White Lake High School sports team or Phy Ed class and are  
supervised by a coach or teacher.**

**Equipment is to be wiped down after it is used by the person using it**

**Put things back the way you found them or the way they are supposed  
to be**

**Jackets and other excess clothing are to be hung in the lockers**

**There must be an adult supervisor in the WLFC whenever equipment is  
being used or people are present**

**Supervisors need to be at least 19 years of age and no longer a student  
at the White Lake School**

**People who do not follow the rules or are abusive to equipment or  
others using the WLFC will be asked to leave**